

## BIRR PARISH

Parish Office: 057 9122028 Parish Mobile: 087-3515294  
Website: www.stbrendansbirr.ie  
Email: info@stbrendansbirr.ie  
Priest on Duty - Please call Parish Mobile - 087-3515294  
Parish Office Opening Hours  
Monday - Saturday (excluding Wednesday)  
9.30 a.m. - 12.30 p.m.

Fr. Tom Hogan—057-9121757  
Fr. Michael Reddan—057-9122470  
Fr. Pat Gilbert—057-9122470  
Fr. Antony Sajeesh - 057-9122470  
Fr. Kieran Blake, Kilcolman - 057-9120812  
Fr. Michael O'Meara, Kinnitty - 057-9137021

### Brendan Pastoral Area - Sunday Mass Times

St. Brendan's, Birr - Saturday 7.30 p.m.,  
Sunday 8.30 a.m., 10.30 a.m. and 12 noon  
Church of the Annunciation, Carrig -  
Sunday 9.30 a.m.  
St. Mary's, Shinrone - Sunday 11.00 a.m.  
St. Patrick's, The Pike - Saturday 6.45 p.m.  
St. Colman's, Kilcolman - Sunday 11.00 a.m.  
St. Ita's, Coolderry - Saturday 8.00 p.m.  
St. John's Ballybritt - Sunday 9.30 a.m.  
- Alternate Sunday  
St. Molua's, Roscomroe - Sunday 9.30 a.m.  
- Alternate Sunday  
St. Finian Cam, Longford - Sunday 9.30 a.m.  
St. Flannan's, Kinnitty - Sunday 11.30 a.m.  
St. Lugna's, Cadamstown - Saturday 8.00 p.m.

## Pope Francis' Prayer to Mary during the coronavirus pandemic

O Mary,  
you always shine on our path  
as a sign of salvation and of hope.  
We entrust ourselves to you, Health of the Sick,  
who at the cross took part in Jesus' pain, keep-  
ing your faith firm.  
You, Salvation of all People,  
know what we need,  
and we are sure you will provide  
so that, as in Cana of Galilee,  
we may return to joy and to feasting  
after this time of trial.  
Help us, Mother of Divine Love,  
to conform to the will of the Father  
and to do as we are told by Jesus,  
who has taken upon himself our sufferings  
and carried our sorrows  
to lead us, through the cross,  
to the joy of the resurrection. Amen.

Under your protection, we seek refuge,  
Holy Mother of God. Do not disdain the  
entreaties of we who are in trial, but deliver  
us from every danger, O glorious and blessed  
Virgin. Amen

### Remembered in Mass this Week

Sat 25th	7.30 p.m.	Margaret Lawlor (1st Ann)
Sun 26th	10.30 a.m.	John Kennedy & baby son John & mother Mary Tony Nevin Snr & his son Tony Nevin Jnr
Sat 2nd	7.30 p.m.	Tony McLoughlin (1st Ann) Billy Watson
Sun 3rd	10.30 a.m.	Doreen Horan (MM) Mary Hogan, Crinkill (1st Ann) Annie, Michael & Roddy Harte Monica Boyd Stan Hayes



### Please Pray for the Soul of

James "Dino" Martin, Cappaneale

### Parish Contributions

**Thank You** - A number of Parishioners have  
contacted us in connection with contributions.  
If people wish, they can do so by lodging directly to  
the parish bank account.

**BIC** - BOFIE2D

**IBAN** - . IE40BOFI90167724940777

We would like to take this opportunity to thank those  
who have already made contributions to the Easter  
Priests' Collection and the Parish Development  
Fund. We are especially grateful in these uncertain  
times.

### Queen of Heaven (Regina Caeli)

V. Queen of Heaven, rejoice, alleluia.  
R. For He whom you were privileged to bear, alleluia.

V. Has risen, as he said, alleluia.  
R. Pray for us to God, alleluia.

V. Rejoice and be glad, O Virgin Mary, alleluia.  
R. For the Lord has truly risen, alleluia.

Let us pray. O God, who gave joy to the world through the res-  
urrection of Thy Son, our Lord Jesus Christ, grant we beseech  
Thee, that through the intercession of the Virgin Mary, His  
Mother, we may obtain the joys of everlasting life. Through the  
same Christ our Lord. Amen.

*Sponsored By*

# Anonymous

Brother Richard Hendrick, a Dublin Capuchin friar who  
wrote a poem about the confinement of people in their  
homes entitled 'Lockdown' has had a phenomenal response  
on social media and has been translated into fifteen lan-  
guages. His latest poem, 'The Nesting Season' reflects on  
nature and the new way of living we are going through-  
thoughts for reflection and creativity.

### The Nesting Season

There is always a choice.  
Perhaps in these  
strange moments  
it is a simple one;  
to dwell on  
what has been taken away  
or to dwell  
in what we have been given;  
to build our nests anew  
weaving safe and soft  
a chance to breathe,  
with all the terrible  
possibility that brings;  
to reflect, to wonder,  
to sit anew  
in the secret depths  
of those actions  
of holy ordinariness;  
eating, drinking,  
walking, sleeping,  
cleaning,  
being with,  
being alone,  
simply being.  
Taking the time  
to watch the earth  
reset and heal,  
to allow our inner  
sky to clear of  
all our worry weather,  
often as grey  
and insubstantial  
as clouds,  
until the  
one thing necessary  
shines through  
at last,  
and we see  
the present moment,  
sky blue,  
and fragile  
as a blackbird's egg,  
nesting secure  
in the heart,  
deep within  
the brambled hedge  
of our thorn tangled  
thoughts,  
awaiting the stillness  
of a spring morning  
when we grant ourselves  
new greening,  
awaiting the sunbeam  
of divine attention  
to warm it to life,  
awaiting our  
sitting breath,  
faith feathered  
and yielding,  
to hatch within us  
a new way.

### Sr. Eileen's Cúinne

#### Spioradáltacht.

Is ionann Spioradáltacht agus an chaoi a mhaire-  
ann duine nó pobal de réir a gcreidimh agus mar a  
théann an creideamh sin i bhfeidhm orthu ina saol  
laethúil. Tá go leor ama againn na laethanta seo le  
machnamh a dhéanamh ar ár gCreideamh  
Críostaí. Nascann sé sin le Dia. Tugann an creide-  
amh léargas dúinn ar thábhacht na síoraíochta, ar  
thábhacht an tsaoil seo mar ullmhú di agus ar ne-  
amhbhuaine saol an duine abhus.  
Bhí ár sinsir an-tugtha do Dhia. Mhair siad i  
gcomhaontacht leis de shíor. Is féidir linn na suáilcí  
Chríostaí a chleachtadh, bheith foighneach agus  
lách lena chéile. Is féidir linn gaol le Dia a chothú ar  
iliomad bealaí tríd urnaí laethúil, trí mholadh Dé, trí  
bhuíochas a ghabháil Leis as an uile ní, agus trí  
chabhair agus chosaint a iarradh air agus an tír  
faoi bhagairt ag an Choróinvíreas. Go sábhála Dia  
sin. Is féidir linn Lúireach Phádraig a rá chun sinn a  
chosaint.

Críost liom.  
Críost romham.  
Críost i mo dhiaidh,  
Críost istigh ionam.  
Críost fúm.  
Críost os mo chionn.  
Críost ar mo lámh dheas.  
Críost ar mo lámh chlé.  
Críost i mo luí dom.  
Críost i mo sheasamh dom.  
Críost i gcroí gach atá ag cuimhneamh orm.  
Críost i mbéal gach duine a labhraíonn liom.  
Críost i súil gach duine a fhéachann orm.  
Críost I ngach cluas a éistean liom. Áiméan.

Spirituality is how people live according to their be-  
liefs and how that belief affects their daily lives.  
Nowadays we have time to reflect on our Christian  
Faith. It unites us to God. It gives us an insight into  
the importance of eternity, the importance of prepa-  
ration for it and how transitory life is here.  
Our ancestors were very devoted to God. They lived  
constantly in His presence. We can practise Chris-  
tian virtues, be patient and kind to each other. We  
can relate to God in many ways, through daily pray-  
er, praising God, being grateful to him for everything  
and asking him for his help and protection from the  
Coronavirus. We can recite Saint Patrick's Breast-  
plate for this.

Christ with me.  
Christ before me.  
Christ behind me.  
Christ within me.  
Christ below me.  
Christ above me.  
Christ on my right hand.  
Christ on my left hand.  
Christ in my sleeping. Amen.